



AUSTRALIAN CHILDREN'S
TELEVISION FOUNDATION

DEALING WITH BULLYING

Classroom Activities

(1) After viewing a TV program or film that has bullying themes.

Have students work in groups to think of ways to describe bullying, for example:
Bullying is:

- being teased about the way you look
- when someone swears at you
- when someone hurts you intentionally
- when someone tells others not to play with you
- when someone calls you names

Did you see any of these bullying behaviors in the story? How were they dealt with? Was this a fair way to resolve the bullying? What would you do if you were the character being bullied?

Discuss the idea of exclusion as a form of bullying. List ways someone can be bullied and display for students to refer to. What power relationships existed between characters in the story? Understanding the role of power in relationships helps us to identify harmful behaviors and to develop a shared approach to these issues. What examples of power relationships exist in the school?

Discuss some of the conflicts students have observed between characters in [the film or TV program](#). Why did these conflicts occur? Were they resolved? Why or why not? Ask students to suggest situations they have been in that are similar. Were the situations resolved? If so how were they resolved?

(2) Discuss the following words and work in small groups to develop group definitions: fairness, equality, equity, justice, social justice.

(3) Discuss 'Five Steps to Conflict Resolution'

1. Say what the problem is
2. Brainstorm ways to solve the problem
3. Choose an option that is a 'win-win' for everyone
4. Try out the option
5. Check how well the problem was solved

Were any of these steps followed in the story? What was the result?

Ask students to create a storyboard for how they would handle a situation where they felt bullied. Display each storyboard and discuss.

Other valuable resources

Noble. McGrath, *Bullying Solutions* Pearson Education, 2005

Julie Johnson, *Bullies and Gangs*, Aladdin Books, London, 1996.

Logan Learners for Life, *Fair Go! anti-bullying program*, Education Queensland, 1997.

Jillian Powell, *What do we Think about Bullying*, Wayland Books, Great Britain 1998.

Rosemary Stones, *No More Bullying!* Happy Cat Books, Bradfield, Essex, 1991.